

TRAINING SCHEDULE
ALACHUA COUNTY CRISIS CENTER
Spring 2020

All sessions will be at the Crisis Center. (This is the Health Department/Department of Community Support Services Building at 218 SE 24th Street). **It is very important that we start on time for EVERY SESSION, so please be prompt.**

DATE	PROGRAM	READINGS
<u>1st SESSION</u> Saturday, January 11 th 8:45 am – 4:00 pm	-Role of the Volunteer -Get -Get Acquainted Activity -Crisis Theory Lecture -Personalizing Crisis -Mode of Response -LUNCH (Bring your own, we'll provide drinks and chips) -Role Play -Individual Conferences	-Code of Ethics -Volunteer Characteristics -Confidentiality -Training Agreement -Volunteer Agreement -Modes of Response
<u>2nd SESSION</u> Tuesday, January 14 th 6:30 pm – 9:30 pm	-Helping Relationships Lecture -Role Play	-Listening -Listening Skills -Facilitative Responses -Art of Paraphrasing -Crisis in the Family -Crisis Intervention -First Learning -Emotional Vocabulary
<u>3rd SESSION</u> Thursday, January 16 th 6:30 – 9:30 pm	-Crisis Intervention Lecture -Role Play -Individual Conference	-Crisis Intervention -Theory & Practices -Action Plans
<u>4th SESSION</u> Tuesday, January 12 th 6:30 – 9:30 pm	-Suicide Lecture -Personalizing Suicide -Role Play	-Suicide in Young People -It Doesn't Have to Happen -Before It's Too Late -Assessing -Self-Destructive Potential
<u>5th SESSION</u> Thursday, January 23 rd 6:30-9:30 pm	-Observation Shift Sign-Up -Role Play	(Bring Your Schedule!)
<u>6th SESSION</u> Tuesday, January 28 th 6:30-9:30 pm	-Open House (5:30-6:30 pm) – free pizza -Ambivalent Lecture -Role Play	
<u>7th SESSION</u> Thursday, January 30 th 6:30-9:30 pm	-Chronic Callers and Emergency Mental Health Lecture -Role Plays -Individual Conferences	-Chronic Callers

**COMPLETE FIRST CRISIS CENTER OBSERVATION SHIFT
January 31st – February 6th**

DATE	PROGRAM	READINGS
8th SESSION Tuesday, February 4 th 6:30 – 9:30 pm	-Role Play	
9th SESSION Thursday, February 6 th 6:30 – 10:00 p.m.	-Paperwork	-Paperwork and Procedural Guidelines

**COMPLETE SECOND CRISIS CENTER OBSERVATION SHIFT
February 7th – February 13th**

DATE	PROGRAM	READINGS
10th SESSION Tuesday, February 11 th 6:30 – 9:30 p.m.	-Community Disaster Response Lecture -Rumor Control -Role Play	
11th SESSION Thursday, February 13 th 6:30 – 9:30 p.m.	-Chronically Suicidal Lecture	-Sexually Abusive Callers Supervised Shift Sign-Up Bring your schedule
12th SESSION Tuesday, February 18 th 6:30 – 9:30 pm	-Role Play	
13th SESSION Thursday, February 20 th 6:30 – 9:30 p.m.	-Procedures and Ethics Role Plays -Graduation Party (see below)	

**SCHEDULE THREE SUPERVISED SHIFTS AT CRISIS CENTER
February 21st – March 22nd**

END-OF-TRAINING PARTY TO CELEBRATE AND MEET OTHER VOLUNTEERS

**Thursday, February 20th
Immediately After Training, Location To Be Announced**

DATE	PROGRAM	READINGS
14th SESSION Tuesday, TBA 6:30-8:30 pm	-Last Training Session	