

The Golden Rule:

A Relevant Foundation for Sustainable Communities

Hinduism

Never do to others what would pain you.

— Panchatantra 3.104

Buddhism

Hurt not other with that which hurts yourself.

— Udana 5.18

Zoroastrianism

Do not to others what is not well for oneself.

— Shayast-na-shayast 13.29

Jainism

One who neglects existence disregards their own existence.

— Mahavira

Confucianism

Do not impose on others what you do not yourself desire.

— Analects 12.2

Taoism

Regard your neighbor's loss or gain as your own loss or gain.

— Tai Shang Kan Ying Pien

Baha'l

Desire not for anyone the things you would not desire for yourself.

— Baha'Ullah 66

Judaism

What is hateful to you do not do to your neighbor.

— Talmud, Shabbat, 31a

Christianity

Do unto others as you would have them do unto you.

— Matthew 7.12

Islam

Do unto all people as you would they should do to you.

— Mishkat-el-Masabih

Sikhism

Treat others as you would be treated yourself.

— Adi Granth